#### CONTACT:

Editor: Martyn Lambe Proofreader: Bev Brown

All items for inclusion must be sent to: rossburnmatters@hotmail.com or the Municipal Office by the 20th of each month. Tel: 204-859-2779

\*\*Please note sometimes there is time sensitive material from the Municipality that would hold up the paper from being delivered early.\*\*

## From the Seniors Coordinator's Desk: All activities are at the Drop In Centre

Hello everyone, I hope you all have had a good start for 2020 so far and you are keeping active.

Here are some dates for you to add to your calendar. Senior Supper. Looking for a place to go for Valentine's then come to Rossburn Hotel on Wednesday, February 12th, for 5:00pm. Please call me know if you are coming by Feb. 7th, as they need to know how much food to prepare.

Line Dancing is every Friday @ 1:30 pm in Drop In Centre. Everyone is welcome to attend. It's a great way to get some exercise and have fun at the same time. Remember bingo every Tuesday at 1:00 pm.

February 28th at 3:15 pm, Craig Manns from the Pharmacy will come and speak to us on heart health. Please try to attend as this is very important. It will be held at Drop In Centre. There seems to be some interest in having floor curling, so starting at 1:30pm on Monday, February 10th and 24th, there also will be Crokinole and card games available. Everyone is invited to come out and join in the games. Additional dates will be on March 9th and 23rd, so plan to come out and have some fun.

If you need the Handi-Van, please call Dale at 204-859-0300.

Be sure to always check out the events in the 'What's Happening in the Drop In Centre' and join us for our weekly activities!

Seniors Coordinator Marieanne 204 859 3386 rosscomm@outlook.com

# **Diabetes Education Sessions**

A Dietitian and Certified Diabetic Educator will be having one on one appointments with patients to discuss their diabetes on February 27th at the Rossburn Pharmacy. Anyone interested can book an appointment through the pharmacy or by calling \$59-2705. Limited spots available!

The Rossburn Ag Society Horse Show was nominated for and won the MGRA HORSE Show of 2019. This award gives the Society a free sanction for 2020. Thanks to all the workers who helped to make this happen.



Get a Large 3 topping Pizza and 10 pieces of Oasis Fried Chicken for only \$40.00 (plus taxes) or switch it out for 25 Wings dressed any way you like!!!!

Got a few more to feed? Try these add ons.. Family sized Caesar Salad \$10.00 (plus taxes) 4 slices of garlic toast \$6.00

Rossburn



# **Rossburn Recreation News.**

Great news! The lights are just about finished in the ice rink and this allows us to move on to our next project for 2020. The ice rink is in need of a new sound system

and we will be working on grants and other avenues to source the costs.

Don't forget we have that ongoing Adult open gym night every Monday with great activities to participate in or, if you just want to get out and walk around the gym, that's fine to.

It was really great to connect with a Yoga Instructor who offered to give classes starting in February.

The same concept of open gym nights will be tried for our locale kids starting in February for Grades 7's and 8's. We will look at running this activity for other grades as well. If you have an idea for an activity or program, please submit them. Even better, if you know of a contact or another location that is running it, send it to me also.

Tri Valley Minor Hockey Association which is comprised of Rossburn, Foxwarren and St. Lazare Minor Hockey Associations would like to send out a huge thank you to the Brandon Wheat Kings for coming to Rossburn Arena on January 21st to take part in three of our team's practices. The players that came were Marcus Kallionkieli, Cole Reinhardt, Ethan Kruger and Rossburn native Chad Nychuk. Chad is the son of Grant and Audra Nychuk. This is the second year that Chad is playing with the Brandon Wheat Kings in the Western Hockey League. I would also like to thank Chris Falco, from the Wheat Kings media relations department for helping organize this event. The young players from the Tri Valley teams were in their glory to be on the ice and showing their hockey skills to the Wheat King players. The Wheat King players took part in drills, coached players, talked with the players and answered any questions they had. The young men demonstrated maturity beyond their teenage years. They also all remembered they were minor hockey players not that long ago and how special it is to be on the ice and interacting with Junior A hockey players. This was most likely a once in lifetime experience for our players who will have memories that will last forever.

The Rossburn Arena was buzzing that night with parents, grand parents, uncles, aunts, brothers, sisters and community members. The lunch counter served a great meal and the entire event was a complete success.

Troy Luhowy President Tri Valley Minor Hockey

The Rossburn Matters is a free information source to inspire participation in community initiatives. Proudly supported by the businesses advertised and Rossburn Municipality.



**ROSSBURN & AREA DATES TO REMEMBER:** 

Feb 3rd Open Gym Kids Feb 4th Bingo Feb 7th Line Dancing Feb 10th Senior Games Feb 10th Open Gym Kids Feb 11th Bingo Feb 11h Yoga Feb 12th Seniors Valentine Dinner Feb 14th Line Dancing Feb 17th Louis Riel Events Feb 18th Bingo Feb 18th Yoga Feb 20th Lions Meeting Feb 21st Line Dancing Feb 24th Senior Games Feb 24th Open Gym Kids Feb 25th Bingo Feb 25th Yoga Feb 27th Diabetes Session Feb 27th GSIB Home Routes Concert Feb 28th Line Dancing Feb 28th Heart Health Session



Monday Feb. 17<sup>th</sup>, 2020 Ag Rec Centre Family free open Curling from 3pm to 5pm

## **Rossburn** Ice Rink

1:00 to 2:30pm Free Public Skating 2:30 to 3:30pm Figure Skating Club Demo 3:30 to 4:30pm Kids vs Adults Hockey game 4:30 to 7pm Free Public Skating 4:30 to 6:30pm Louis Riel Dinner Special: Ham, Scalloped potatoes, Vegetable, Dessert, Coffee, Tea or Juice \$12.00 Adults per person. \$6.00 Kids per person.

Crokicurl will be open behind the rink to use the whole day. Free Hot Chocolate and a Cupcake per person. For more details please visit the <u>Recreation Facebook Event</u> page.

# FEB 2020





# Rossburn Municipality

Message from Council:

A reminder that we are required to start making payments this year on the money borrowed for our share of the pipeline that brings water from the Russell-Binscarth Water Treatment Plant to customers of the Town of Rossburn Public Water System. For water usage as of January 1, 2020, there will be an additional charge on water bills of \$5.18 per 1000 gallons (or portion) of water used. This will provide us with the money to make the annual (20 years) payment of \$35,489.

Also, we are currently having a study done (a "water rate study") of the quarterly water rates charged for water usage in Town. There has been no increase since 2010 and current water rates are insufficient to cover operating costs. We do not yet know what the proposed increase will be, which would have to be approved by the Public Utilities Board. We will keep you informed.

There is probably majority agreement amongst the public that Main St and Victoria Ave downtown are in deplorable condition. Council is applying for Provincial Funding to cost share repairing and resurfacing, from curb to curb, of Main St from Parkview to the south entrance of Manor as well as Victoria Ave from Gone Scrappin' to the west side of the Community Hall. If approved, the majority of the estimated \$500,000 cost would be paid by the Province, with our share being about \$175,000.

Council is concerned that this Provincial funding program may be cut and we could miss the funding opportunity if we do not apply now. Our portion of the funding would come from our Gas Tax Reserve Fund. The project would therefore be funded entirely by Federal and Provincial sources, with no direct Municipal Taxes being required.

If approved, the project could start anytime in the next 3-4 years.

Open Gym Night for Grades 7 & 8 Boys and Girls only. Nonday Feb 3<sup>rd</sup>, 10<sup>th</sup> and 24<sup>th</sup> 6pm to 7:30pm ossburn Elementary School. No fee program.

Non competitive nights filled with Volleyball or Basketball or Floor Hockey or Badminton or ombinations of two sports.

A great way for the kids to get some healthy activity, this is also an invitation if the parents want ioin them in the activities, they are more then welcome to come out also.

You must register before the first session, filled out forms or extra forms can be dropped off at the School office or Recreation office.. For more info contact Martyn at the Recreation office. 204-859-2779 or recreation@rossburn.ca







Thank you for supporting our annual Journey for Sight pancake breakfast.

All monies raised in Rossburn go to the JFS fundraiser. There are Ski-doo raffle tickets still available in town. If you want a ticket, pick one up at Farm and Auto, Municipal office or Hair Mania by February 1. Only \$5,00.

We also hosted a Lions coffee day at the Lions Manor and Lady Fatima. The seniors enjoyed the cake and we enjoyed visiting old acquaintances and meeting new residences of our town.

February 20th, 2020, is our next regular meeting, 7;00pm in the Rossburn Drop-In Centre. All welcome to attend.

Rossburn Personal Care Home would like to thank everyone that came to the care home over the holiday season to visit, sing, and bring us goody bags. Thank you. We would also like to thank everyone that donated to our 12 days of Xmas. The winners this year, Jessica Halliday, Myrna Pushka, Ken Caldwell, Cecilia Horitchie, Charlene Gensorek, Cheryl Herchak, Verna Strilesky, Joyce Smycniuk, Abby Veenstra, Bobby Klym, Max Neufeld, Breanna Lysyshin, Jolene Halliday, Linda Ternovetsky.

**Rossburn Elementary School News** Rossburn Elementary School will be holding their annual Mom's Pantry fundraising campaign from Jan. 27 to Feb. 20th. If you would like to order, please contact the school at 204-842-2804. Thank you for your support.



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## ROSSBURN LIONS CLUB—Lions Motto "WE SERVE"

On Saturday, January 18, the Rossburn 150 committee hosted a tea honoring the seniors of our community. We have to appreciate all their contribution to our Municipality. Hard work from volunteers helped to make our town what it is today.

Rossburn Lions Club was organized and received their charter on September 29, 1960, by 32 forward thinking individuals who wanted our community to succeed.

In the nearly 60 years, over \$500,000.00 has been raised and spent to help out in our community.

Funds of the Club come from fundraisers, donations, raffle tickets, bar duties (when available), and then redirected to various projects and annual monetary donations within the area. We also donate to District and Zone projects.

Now ask yourself and discuss this with your friends and family. Do I want to volunteer and become a member of a organization, which has been in the community for 60 years. Have I, or a family member benefitted from the Lions Club of Rossburn financially or by use of a facility/activity that the Lions have supported? Has a member of your family been a volunteer in conjunction with the Lions?

Stop and think, Where would our community be if those 32 initial hard working members had not got together and helped work and fundraised for the building of the Skating rink, Curling rink, Daycare, Lions Manor, Health Centre, and many other buildings in our community! Or your organization needed monies for an activity? Medical challenges and financial donations for other personal issues!

In fact, practically every charitable organization, when asked, has received support from the Rossburn Lions Club, which has been part of Lions International for over 100 years.

Could you be a voice of volunteerism?

A positive hardworking attitude towards our community is what Lions members strive for, so join us at our next meeting, Thursday, Feb. 20, 7.00 at the Rossburn Drop In Center.



Looking for workers. Give the Employment Resource Centre a call @ 204 773 3353. We can advertise your job, find a suitable employee for you and discuss the possibility of wage subsidies and apprenticeship.



## **Rossburns Business of the Month is GSIB**

Hi I'm Kelly Hunter! I own Gone Scrappin' In Bloom. I moved to Rossburn as a baby, when my dad Tony White was transferred to the Rossburn RCMP Detachment

I started Gone Scrappin' (scrapbooking business) in 2000. I rented a small corner my mom's (Val), Rossburn Flowers building.

In January 2008, after my 2nd maternity leave from my marketing position, I bought the People's Store building and my parents Flower Shop and created Gone Scrappin' In Bloom aka GSIB. This old 1938 heritage general store combines all of my favorite passions under one roof. Coffee, Books Music, Art, Flowers & Vintage Finds. A cozy and warm inviting atmosphere that is a perfect community gathering place. in 2010, I was excited to be nominated for Women Entrepreneur of the Year Award - Young Entrepreneur. Over the years we have grown and expanded to carry a large emporium of treasures. You never know what you will find at GSIB We offer daily Fresh Flower Services, Scrapbooking/Art Supplies/Dixie Belle Furniture Chalk Mineral Paint and more! We try to focus on supporting fellow artisans by carrying primarily local/MB/CDN made gifts and decor. In our small cafe we feature Manitoba roasted coffee/espresso drinks, loose teas and cold drinks. Our menu changes daily, as we have a small kitchen. You will find fresh home made foods such as soups, wraps, flatbreads, salads, sweet treats and more! I currently employ 2 part time staff and I'm very thankful for my mom Val, who i my full time florist and chef!

My education is in tourism & event/marketing planning. We focus on hosting events that bring people into our small town and leave with a memorable experience.

We are a volunteer host for the non-profit organization, Home Routes, so host small "house" concerts, offer a wide range of creative retreats and workshops for all ages and fun events such as tea parties and baking cookies with Mrs. Claus. If you popped by this past Christmas, you would notice we go all out converting this big old building into a fully decorated magical Christmas store. Next Home Routes Concert is Jan 29th with Sweet Alibi. A big annual event we host each year is the GSIB Handmade & Vintage Market every May long. Funds raised help send local area Type 1 Diabetic Kids to summer D-Camp in Kenora.

My husband Brett and I have 3 children, Dalyn, Haley and Noelle. Over the years we have been very active in different community groups and associations. With 3 kids we are currently involved in a wide variety of sports and the Rossburn Chamber of Commerce. I am so grateful for all of our family and friends support over the years with all my crazy ideas and events. Without the extra help and sup port, Brett & I wouldn't be able to do as much as we do at GSIB, plus raise 3 kids Thank you! I look forward to hopefully many more years operating GSIB, keep raising our family here and staying active in this beautiful community that we are so fortunate to call home. Thank you for supporting your local small businesses. Kelly Hunter

## Health Tip of the Month

Flu season is in full swing and winter brings spikes in other similar illnesses. The true flu (influenza) is viral and abruptly causes fever, aches, cough and exhaustion. The flu usually lasts 3-7 days but can linger for weeks in the elderly. **Colds** are also viral but cause sore throat, runny nose and cough, usually in that order. A cold will run its course in about 2 weeks. Antibiotics will not help either the flu or the cold! Pneumonia can be viral or bacterial and make it hard to breath with chest pain, phlegmy coughs and exhaustion. Pneumonia can last weeks. The stomach flu is viral and causes diarrhea and vomiting, usually lasting 24-48 hours.

Craig Manns – Pharmacist



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## **Yoga Classes**

Each Tuesday Night from Feb 11th to March 17th at 7pm in the Drop In Centre. Program fee \$75.00. Join Jane Higgott (RYT) for a 6 week journey of movement, meditation and discovery what Yoga means to you. Classes will explore different styles of Yoga including Hatha, Vinysa, Yin and restorative. A yoga mat, water bottle, comfortable clothes and an open mind required. All levels of experience welcome—make each practice your own.

To register please contact Martyn at the Recreation office 204-859-2779 or recreation@rossburn.ca If you have questions about the class structure please send them to flippedbirdyoga@gmail.com



Rossburn's Manitoba 150<sup>th</sup> Event Update The first event for Rossburn's Manitoba 150 Celebrations, the Pioneer Tea, which took place Saturdav Jan 18,2020 was a huge success! The tea was held to thank and honour those Community Members 80 years and older for their contribution

to making our community what it is today. Residents 80 and over received a Manitoba 150 commemorative pin and a certificate from the Province of Manitoba.

Special Recognition was given to those members age 100 years and greater in 2020.

William Ternovetsky – 104 years, Olive Veitch – 100 years, Alice Hrubeniuk – 100 years and

Roy Hetherington – 100 years.

The event was open to the entire community and all in attendance enjoyed the afternoon of visiting and being honoured. The guests were served refreshments by members of the 2019/20 Waywayseecappo Wolverines hockey team. Guests enjoyed talking to the boys and learning a little about them.

150 Committee Chairperson, Sarah Cleland, was emcee and she spoke about how difficult it was for the pioneers when they first settled here and what life was like in the good ol' days.

Mr. Kerry Lawless brought greetings from the Municipality of Rossburn and Mr. Rick Wowchuk brought greetings from the Province of Manitoba.

If you did not receive a certificate and will be age 80 or older in 2020, please contact Committee member Glenda at the Municipal Office and a certificate will be ordered.

The next event to celebrate MB 150 is Folklorama scheduled for May 12, 2020. Stay tuned for more details! If you would like to assist with any of the Rossburn Community 150 events, please contact Sarah Cleland.

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